

MEMO

August 25, 2020

RE: New protocol for following patients on Plaquenil

FROM: Dr. Newman

The following is the new protocol from the American Academy of Ophthalmology regarding the appropriate way to follow patients who are on Plaquenil, from here and going forward, we will be following this protocol:

Plaquenil Update for Houser Newman Patients

Baseline

Dilated within the 1st year on Plaquenil

Macular photos (for baseline)

Years 2 through 4

Routine annual exam with an optometrist

Years 5+

Dilated exam annually

Spectral Domain OCT annually

Non-Asian patients get an annual Visual Field 10-2 regular stimulus

Asian patients get an annual Visual Field 30-2